

**FROM FR. JOHN**

## **FASTING**

**While fasting traditionally and biblically involves food and drink, one can also broaden the concept.**

Fast from TV and Entertainment - - Feast on Prayer and Silence

Fast from Treats - - Feast on Serving Others

Fast from Selfishness - - Feast on Sharing

Fast from Complaining – Feast on Complimenting

Fast from Being Proudful - - Feast on Being Humble

Fast from Talking - - Feast on Listening

Fast from Gossiping - - Feast on Being Kind

Fast from Criticism - - Feast on Praising

Fast from Being Down - - Feast on Encouraging

Fast from Being Too Busy - - Feast on Doing For God

Fast from Being Lazy - - Feast on Helping Others

Fast from Being Angry - - Feast On Forgiving

Fast from Anxiety - - Feast on Being Patient

Fast from Fear - - Feast on Peace

Fast from Sin - - Feast on Blessings



## MASS INTENTIONS

### Monday, Aug 2, 2010

Communion Service

### Tuesday, Aug 3, 2010

+Roy Brasier

(The Connor's)

### Wednesday, Aug 4, 2010

+Joseph & Jane Tursi

(Tursi Family)

### Thursday, Aug 5, 2010

+Michael Dalquist

(The Conner's)

### Friday, Aug 6, 2010

+Tony Papavero

(Carolyn Clawson)

### Saturday, Aug 7, 2010

+Jane Tursi

(Phil & Sharon Cebula)

### Sunday, Aug 8, 2010

**8:30AM:** Ternes Family

(Johanna Ternes)

**10:00AM:** People of the Parish

## CALENDAR OF EVENTS

### Monday, Aug 2, 2010

**6:00PM:** Multi-Cultural Rosary & Pot Luck-Ch/Sr

### Friday, Aug 6, 2010

**8:30AM:** Fatima Prayer Cell

## **CAN/BOTTLE RECYCLING**

Your support of the monthly can/bottle recycling has been awesome! From Sept-June a total of **\$2870.40** was raised. That translates to **57,408** cans/bottles. This money goes directly to Youth activities and trips. URLVD!!  
**THANK YOU!!! THANK YOU!!!**

## **Seminary Burse Luncheon & Fashion Show**

Plan to attend on Thursday Aug 19th at St. John the Baptist Parish Center, 10955 SE 25th, Milwaukie at 11:30AM. Latest fashions by Christopher and Banks. Many door prizes. Lunch tickets \$9, raffle tickets \$1 ea or 6/\$5. Please call Linda (503) 659-1489 to reserve tickets, if possible. Proceeds to benefit Mt. Angel students for the priesthood.



## **2nd Annual Fr. Chester Memorial and Multi- Cultural Family**

**Rosary:** Everyone is invited to join in the Multi-Cultural Family

Rosary on Monday, August 2nd at 6:00PM. We will again be honoring Fr. Chester and saying the Rosary in several languages. The Rosary starts at 6:00PM with a potluck following. If anyone would like to help with this event please call Kathi Nordlund at 503-760-8429

## **Altar Guild**

We hope many of you have spent time this summer working on your crafts for the November Annual Craft/Bake Sale. We will be have a meeting in August to set-up and organize this event. Watch the bulletin for the date of this important meeting.

## **WOWS Dinner**

Aug. 17th. This is a social activity open to all widows, widowers and those who are single for any reason. We will enjoy a 6:00PM dinner at the Tollgate Inn in Sandy. We will have the bus, holding the first 14 callers, at the parish ready to leave at 5:30PM. The bus ride is \$2. For reservations please call me, Becky, at 761-8710x105 by Mon. the 16th.

## **Mass Planned for 'Smallest Saints'**

A memorial Mass for those who are our smallest saints is set for 2:00PM Sunday, Aug. 15, at St. Joseph the Worker Church. The day, held on the feast of the Assumption of Mary, is offered to remember children lost through abortion, miscarriage, stillbirth, or who die shortly after birth. For questions, contact Deacon Mike (503-761-8710)

**Bulletin Sponsor:**  
**Eric Duer Window Cleaning**  
**503-737-0649**

## WEEKLY CONTRIBUTIONS

Budget amount: \$ 7,032.00

Amount collected: \$ 5,489.85

Over/under: -- \$ 1,542.15

## **Attention Eucharistic Minister's**

I have run out of pyx's and am wondering if any of the ministers to the sick has more than one at home. A pyx is the little round brass container that you put communion in to take to the sick. If you have extra, could you please bring them back to the sacristy.

If you or someone you know is household and would like to have communion brought to them or you know of a parishioner who is in the hospital, please let us know. Due to privacy guidelines, the hospitals are no longer able to call the parish with this information so we rely on families or friends to notify us. We can also put them on our prayer chain and have about 300+ more people praying for them. Call Becky, the Minister to the Sick Coordinator, at 503-761-8710x106.

If you or someone you know is alone and would enjoy a friendly phone call during the week just to visit and see if you're doing ok, let me know. We have several people who have volunteered to make calls but no one to receive them that we are aware of. Please call Becky 503-761-8710x106 and leave your name and phone number and you can make a new friend.



**Marian Prayer Center** invites you to visit their Catholic bookstore from July 24th to Aug 15th and receive 20%

off all new and used books and religious items. Also available are many spiritual books in the library and religious DVD/Video rentals. Great for summer reading and spiritual growth. Located at 4370 SE King Rd., #175 in the Milwaukie Safeway Shopping Center, lower level. (503) 786-9600.